

Day 1

		Group A	Group B	Group C
BREAKFAST	Fruit			
	Beverages			
	Main Course			
	Side Dish			
	Vegetarian Option			
SNACK				
		14:15	14:15	14:15
LUNCH	Beverages	Flavored Water	Flavored Water	Flavored Water
	Soup	Spaghetti	Spaghetti	Spaghetti
	Main Course	Chicken Milanese	Chicken Milanese	Chicken Milanese
	Garnish	Nopal Salad	Nopal Salad	Nopal Salad
	Dessert	key Lime Pie	key Lime Pie	key Lime Pie
	Vegetarian Option	Potato & Cheese Fried Tacos	Potato & Cheese Fried Tacos	Potato & Cheese Fried Tacos
		19:30	19:30	20:15
DINNER	Beverages	Flavored water/Chocolate milk	Flavored water/Chocolate milk	Chocolate milk
	Main Course	Chicken Tortilla Toasts	Chicken Tortilla Toasts	Hot Dogs
	Alternative	Cheese, cream, beans, lettuce, cereal, sweet	Cheese, cream, beans, lettuce, cereal, sweet	Sweet Bread
	Vegetarian Option	Bean & Avocado Toasts	Bean & Avocado Toasts	Quesadillas

Day 2

		Group A	Group B	Group C
		8:00	8:00	8:00
BREAKFAST	Fruit	Fruit		Fruit
	Beverages	Orange juice / Chocolate milk	Oranges	Orange juice / Chocolate milk
	Main Course	Scrambled ham & eggs	Eggs & Oranges	Scrambled ham & eggs
	Side Dish	Cereal, sweet bread	Ham & Cheese	Cereal, sweet bread
	Vegetarian Option	Vegetable Skillet Fry	Quesadillas	Vegetable Skillet Fry
		9:00	11:00	11:00
SNACK		Oranges	Apples	Sliced Watermelon
		-----	14:30	15:00
LUNCH	Beverages		Water	Flavored water
	Soup			Rice
	Main Course		Grilled Meat	Meatballs
	Garnish		Nopal Salad	Green Salad
	Dessert			Impossible
	Vegetarian Option		Vegetable Stew	Soy Meatballs
		19:30	20:15	19:30
DINNER	Beverages	Flavored water/Chocolate milk	Chocolate Milk	Flavored water/Chocolate milk
	Main Course	Ham & Cheese Quesadillas	Hot Dogs	Ham & Cheese Quesadillas
	Alternative	Sweet bread, cereal	Sweet Bread	Sweet bread, cereal
	Vegetarian Option	Quesadillas	Quesadillas	Quesadillas

Day 3

		Group A	Group B	Group C
		8:00	8:00	8:00
BREAKFAST	Fruit		Fruit	Fruit
	Beverages	Oranges	Orange Juice/Chocolate milk	Orange Juice/Chocolate milk
	Main Course	Eggs & Oranges	Enfrijoladas	Enfrijoladas
	Side Dish	Ham & Cheese	Cereal & Sweet Bread	Cereal & Sweet Bread
	Vegetarian Option	Quesadillas	Enfrijoladas	Enfrijoladas
		11:00	11:00	9:00
SNACK		Apples	Sliced Watermelon	Oranges
		14:30	15:00	-----
LUNCH	Beverages	Water	Flavored Water	
	Soup		Rice	
	Main Course	Grilled Meat	Meatballs	
	Garnish	Nopal Salad	Green Salad	
	Garnish		Impossible	
	Vegetarian Option	Vegetable Stew	Soy Meatballs	
		20:15	19:30	19:30
DINNER	Beverages	Chocolate milk	Flavored water / Chocolate milk	Flavored water / Chocolate milk
	Main Course	Hot Dogs	Mullets with pico de gallo	Molletes with pico de gallo
	Alternative	Sweet Bread	Sweet bread, cereal	Sweet bread, cereal
	Vegetarian Option	Quesadillas	Molletes with pico de gallo	Molletes with pico de gallo

Day 4

		Group A	Group B	Group C
		8:00	8:00	8:00
BREAKFAST	Fruit	Fruit	Fruit	
	Beverages	Orange Juice/Chocolate milk	Orange Juice/Chocolate milk	Oranges
	Main Course	Chilaquiles with chicken	Chilaquiles with chicken	Eggs & Oranges
	Side Dish	Cereal & Sweet Bread	Cereal & Sweet Bread	Ham & Cheese
	Vegetarian Option	Chilaquiles without pollo	Chilaquiles without chicken	Quesadillas
		11:00	9:00	11:00
SNACK		Sliced Watermelon	Oranges	Apples
		15:00	-----	14:30
LUNCH	Beverages	Flavored Water		Water
	Soup	Rice		
	Main Course	Meatballs		Grilled Beef
	Garnish	Green Salad		Nopal Salad
	Dessert	Impossible		
	Vegetarian Option	Soy Meatballs		Vegetable Stew
		19:30	19:30	20:15
DINNER	Beverages	Flavored water / Chocolate milk	Flavored water / Chocolate milk	Chocolate Milk
	Main Course	Grilled Sandwich	Grilled Sandwich	Hot Dogs
	Alternative	Sweet bread, cereal	Sweet bread, cereal	Sweet Bread
	Vegetarian Option	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Quesadillas

Day 5

		Group A	Group B	Group C
		8:00	8:00	8:00
BREAKFAST	Fruit	Fruit	Fruit	Fruit
	Beverages	Orange Juice/Chocolate milk	Orange Juice/Chocolate milk	Orange Juice/Chocolate milk
	Main Course	Bean Sopes with sour cream	Bean Sopes with sour cream	Bean Sopes with sour cream
	Side Dish	Cereal & Sweet Bread	Cereal & Sweet Bread	Cereal & Sweet Bread
	Vegetarian Option	Bean Sopes with sour cream	Bean Sopes with sour cream	Bean Sopes with sour cream
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SNACK				
		13:00	13:00	13:00
LUNCH	Beverages	Juice	Juice	Juice
	Soup	Apple	Apple	Apple
	Main Course	Sandwich	Sandwich	Sandwich
	Garnish	Cookies	Cookies	Cookies
	Dessert			
	Vegetarian Option			
DINNER	Beverages			
	Main Course			
	Alternative			
	Vegetarian Option			