

Menu

Day		1st Day	2nd Day	3rd Day	4th Day	5th Day
BREAKFAST	Fruit		Fruit	Fruit	Fruit	Fruit
	Beverages		Orange juice / Chocolate Milk	Orange juice / Chocolate Milk	Orange juice / Chocolate Milk	Orange juice / Chocolate Milk
	Main Course		Green Chilaquiles	Mexican Sausages	Scrambled Ham & Eggs	Enfrijoladas
	Side Dish		Sweet Bread	Sweet Bread	Sweet Bread	Sweet Bread
	Vegetarian Option		Green Chilaquiles	Bean Burritos	Mushroom Quesadillas	Enfrijoladas
SNACK		Cheese Quesadillas	Cucumbers, jicama, and carrots	Oranges	Sliced Watermelon	
LUNCH	Beverages	Flavored Water	Flavored Water	Flavored Water	Flavored Water	Flavored Water
	Soup	Spaghetti Alfredo	White Rice	Lentil Soup	Noodle Soup	Vegetable Soup
	Main Course	Chicken milanesas	Mincemeat	Potato & Cheese Croquetes	Stuffed Chicken Breasts	Breaded Chicken
	Garnish	Green Salad	Steamed vegetables	Green Salad	Steamed Broccoli	Green Salad
	Dessert	Ice Cream	Strawberries & Cream	Bananas & Cream	Rice Pudding	Jell-O
	Vegetarian Option	Vegetable Stew	Portobello Burgers	Soy Meatballs	Potato Fried Tacos	Potato Croquets
DINNER	Beverages	Flavored water/Chocolate Milk	Flavored water/Chocolate Milk	Flavored water/Chocolate Milk	Flavored water/Chocolate Milk	
	Main Course	Molletes with pico de gallo	Chicken Toasts	Ham & Cheese Burritos	Grilled Sandwich	
	Alternative	Sweet Bread, Cereal, Salad	Sweet Bread, Cereal, Salad	Sweet Bread, Cereal, Salad	Sweet Bread, Cereal, Salad	
	Vegetarian Option	Molletes	Bean & Avocado Toasts	Potato & Cheese Burritos	Vegetarian Sandwich	