

Menu

Day		1st Day	2nd Day	3rd Day	4th Day	5th Day	Animal Kingdom
BREAKFAST	Fruit		Fruit	Fruit	Fruit	Fruit	
	Beverages		Orange Juice/Chocolate Milk	Orange Juice/Chocolate Milk	Orange Juice/Chocolate Milk	Orange Juice/Chocolate Milk	
	Main Course		Green Chilaquiles	Pancakes, Bacon	Scrambled ham & eggs	Enfrijoladas	
	Garnish		Sweet Bread/Cereal	Sweet Bread/Cereal	Sweet Bread/Cereal	Sweet Bread/Cereal	
	Vegetarian Option		Green Chilaquiles	Pancakes, Bacon	Mushroom Quesadillas	Enfrijoladas	
SNACK		Cheese Quesadillas, Apple Slices	Cucumbers, jicama, and carrots, Amaranth Bars	Granola Bars/Oranges	Watermelon Slices/Amaranth Bars		
LUNCH	Beverages	Flavored Water	Flavored Water	Flavored Water	Flavored Water	Flavored Water	Juice
	Soup	Spaghetti	White Rice	Cold Soup with Ham	Noodle Soup	Vegetable Soup	
	Main Course	Grilled Chicken Milanese's	Mincemeat	Meatballs	Chicken Fajitas	Beef, potato, and bean burritos	Beef Burger
	Garnish	Green Salad	Steamed Vegetables	Green Salad	Steamed Broccoli	Green Salad	French Fries
	Dessert	Flan	Frozen Danonino	Bananas & cream	Rice Pudding	Jell-O	
	Vegetarian Option	Vegetable Stew	Gratin Zucchini	Soy Meatballs	Fried Potato Tacos	Potato, and bean burritos	Mushroom Burger
DINNER	Beverages	Flavored water/Chocolate milk	Flavored water/Chocolate milk	Flavored water/Chocolate milk	Flavored water/Chocolate milk		
	Main Course	Molletes with pico de gallo	Chicken Tortilla Toasts	Ham & Cheese Burritos	Grilled Sandwich		
	Alternative	Sweet Bread, cereal, salad	Sweet Bread, cereal, salad	Sweet Bread, cereal, salad	Sweet Bread, cereal, salad		
	Vegetarian Option	Molletes	Beans and avocado toasts	Potato & Cheese Burritos	Vegetarian Sandwich		